

Shri Niketan Arts Commerce College, Nagpur 'National Interdisciplinary Virtual Conference' 2019-2020

Department of Home - Economics of Shri Niketan Arts Commerce College Nagpur in collaboration with Dr. M.K. Umathe college Nagpur and Home -Economics Association Nagpur organized ' National Interdisciplinary Virtual Conference on 16th June 2020 on " Role of Therapeutic Diet and Stress Management in Dealing with Covid -19".

❖ The purpose of organizing the Webinar –

- Good health during the pandemic
- Immune boosting diet
- Mental health should be maintained during pandemic
- Take care of yourself and your family

Prof. Dr. Charu Katre spoke on Nutrition in respiratory health and Immunity, Dr.Swati Klyankar spoke on Obesity and Indian Diet and Dr. Anjali Dudhmande spoke on Stress Management. Total 676 people participated in this Webinar.

Virtual Conference
Schedule
16 June 2020
10:00 AM

Speaker Persons

- Prof. Dr. Charu Katre
Prof. of Home Science
Shri Niketan Arts Commerce College,
Nagpur
- Dr. Swati Klyankar
Assistant Professor, Home Science
- Prof. Dr. Anjali Dudhmande
Asst. Prof. of Home Science
Sri. Niketan Arts Commerce College,
Nagpur

Organized by

- Dr. D. V. Nalk
(Principal)
Dr. M.K. Umathe College,
Nagpur
- Dr. Shikha Deshpande
(Principal)
Shri Niketan Arts Commerce College,
Nagpur

Join Zoom Meeting Id
Meeting ID: 411 1764 9621
Passcode: 870554

in collaboration with
HOME-ECONOMICS ASSOCIATION , NAGPUR

NATIONAL INTERDISCIPLINARY VIRTUAL CONFERENCE
Topic
"ROLE OF THERAPEUTIC DIET AND STRESS MANAGEMENT IN DEALING WITH COVID 19".

Dr. Charu Katre
Dr. Swati Klyankar
Dr. Anjali Dudhmande
Dr. D. V. Nalk
Dr. Shikha Deshpande
Dr. M.K. Umathe
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Dr. Charu Katre
Dr. Swati Klyankar

"Role of Therapeutic diet and Stress management in dealing with COVID 19"